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Brighton Watersports have compiled a newsletter for you all

'Whats happening with Brighton Watersports Sailing Centre'

We have loads of fun stuff for kids and adults, weather is self-progression or learning a new sport. We think we've covered many of the bases, but if there is something that we don't do that you would like to do, then let us know.

We've got everything from Kids Holiday clubs to Advanced Race Training with Qunity and Jaz.

Please see below for full details.

What's Happening with BWSSC: (Brighton Watersports & Sailing Centre):

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What courses are currently live.

Kids Saturday Sailing starts 14th March

This is running from 1pm to 530pm every Saturday starting from 14th March. The aim is to get your child up to the level required to start of NSSC sailing cadets starting Monday 27th April.

RYA Youth training explained - Stage 1-4:

The RYA Youth Sailing Scheme (Stages 1–4) is a progressive pathway designed for young sailors (typically aged 8–15) to transition from complete beginners to confident, independent sailors. Each stage usually takes approximately 2 days (16 hours) to complete.

Stage 1: Start Sailing

- Focus: A first taste of sailing for complete beginners with no prior experience.
- Key Skills: Learning boat parts, basic steering, launching and recovery, and the principles of getting a boat moving.
- Outcome: Ability to steer a boat and understand basic sailing principles under supervision.

Stage 2: Basic Skills

- Focus: Developing independence and building confidence.
- Key Skills: Tacking, gybing, controlling boat speed, and basic ropework (knots).
- Outcome: Ability to sail a shallow triangular course independently and understand collision avoidance.

Stage 3: Better Sailing

- Focus: Improving technique and sailing in more varied conditions.
- Key Skills: Enhancing rigging, capsize recovery, sailing theory, and refining manoeuvres on all points of sail.
- Outcome: Ability to launch and sail a course independently in moderate conditions.

Stage 4: Seamanship

- Focus: Transitioning to double-handed (crewed) boats and solving problems afloat.

- Key Skills: Teamwork as helm and crew, advanced rigging, and recovery of a man overboard.
- Outcome: Competence in handling a crewed dinghy and making effective decisions on the water.

Please see link below-

<https://thebrightonwatersports.co.uk/collections/sailing-windsurfing/products/ryayouth-saturday-sailing-club>

NSSC discount code - NSSCSaturday1&2 (this code is valid for stage 1 and 2)

Easter Holiday Kids Club

These are 4-day clubs to fit around the Easter Bank holidays – RYA Youth stage 1-4 or Free sail.

RYA Youth Stage 1-4 - You can enter your child to do the next stage of their RYA Youth Training.

Free sail – Come to the lake to progress at their own pace, fully supervised. We create games and fun sailing activities, they are still learning, its just not the structure of the RYA Youth stage syllabus.

<https://thebrightonwatersports.co.uk/collections/kids-activity-club/products/easterholiday-kids-club-2025>

NSSC Discount code: NSSCEaster

Week 1: Monday 30th March - Thursday 2nd April

Week 2: Tuesday 7th April - Friday 10th April

Kids Holiday Clubs - May, Summer Holiday, and October Clubs are also now open

These clubs are popular. We run a mix of fun sailing, RYA structure and paddle sports over a 5 day week. Drop your kids off and pick them back up at the end of the day. We have strict safeguarding Policies and have regular inspections by AALA/RYA and ESCC. These activity clubs generally full up quite quickly.

<https://thebrightonwatersports.co.uk/collections/kids-activity-club>

RYA Adult Level 1 & 2 courses explained:

The RYA National Sailing Scheme for adults provides a structured progression from complete novice to independent sailor through two foundational levels, typically focusing on dinghy sailing. (Each level is approx. 16hrs/2days)

Level 1: Start Sailing

Designed for absolute beginners with no prior experience.

- Focus: A basic introduction to boat handling, safety, and terminology.
- Key Skills: Learning to rig a boat, launch and recover, steer, and sail in all directions.
- Outcome: Ability to sail a dinghy in light winds under supervision.
- Duration: Typically, 2 days (approx. 16 hours).

Level 2: Basic Skills

Builds on Level 1 to develop independence and confidence.

- Focus: Developing techniques to sail and make decisions without an instructor on board.
- Key Skills: Advanced boat handling (tacking, gybing), capsized recovery, manoverboard procedures, and an introduction to the RYA Five Essentials.
- Outcome: Capability to sail and make decisions in good conditions. Many centres require Level 2 for boat hire or rental.

Duration: Typically, 2 days (approx 16hrs)

Current Course Dates:

Adult Level 1:

March 7th/14th

This is a last-minute course at request of a club member – Please email us if you are interested in this as we are really keen to see this happen.

Info@thebrightonwatersports.co.uk

Adult Level 1:

March 30th/31st

Adult Level 2:
April 1st/2nd

Adult Level 2:
April 18th/19th

Follow the link and enter the discount code to book:

<https://thebrightonwatersports.co.uk/collections/sailing-windsurfing>

Level 1 NSSC discount code: NSSCADULT1

Level 2 NSSC Discount code: NSSCADULT2

Level 1& 2 NSSC discount code: NSSCADULT12

Learn to Windsurf or Wing it.

The RYA Start Windsurfing and RYA Wing Scheme are introductory training programmes designed by the Royal Yachting Association (RYA) to take absolute beginners from their first time on the water to independent sailing.

RYA Start Windsurfing

This course is the foundation of the National Windsurfing Scheme and typically runs over two days (approx. 8–10 hours).

- Target Audience: Complete beginners with no prior experience.
- Key Skills: Includes rigging the sail, launching and landing, sailing across the wind, and fundamental manoeuvres like tacking (turning into the wind) and gybing (turning away from the wind).
- Outcome: By the end, you should be able to sail to a chosen point and return to shore in light winds. Completion often grants a certificate recognized for equipment hire at many centres.

<https://thebrightonwatersports.co.uk/collections/sailing-windsurfing/products/learn-towindsurf>

NSSC discount code: NSSCWIND

RYA Learn to Wing

Introduced in 2021, the Wing Training Scheme is divided into two distinct progressive stages for beginners.

1. Learn to Wingsurf:

1. Focus: Mastering the wing and board without a hydrofoil.
2. Skills: Controlling the wing on land first, then getting afloat on a large, stable board (like a windsurf board or WindSUP) to learn steering, balance, and basic gybes.
3. Outcome: Ability to sail across the wind and return to the starting point.

2. Improve Your Wingsurfing:

1. Focus: Building efficiency and confidence before moving to a foil.
2. Skills: Learning to hold ground upwind and refining transitions (tacking and gybing).
3. Outcome: Essential preparation for the Wingfoiling "First Flights" course, where the hydrofoil is introduced to lift the board out of the water.

<https://thebrightonwatersports.co.uk/collections/sailing-windsurfing/products/zero-tohero-1-to-1-wing-foiling-course-8-hours>

NSSC discount code: NSSCWING

Summer is just around the corner, time to get on the water!

Please do email us if you have any questions or queries:

info@thebrightonwatersports.co.uk

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