



Newhaven & Seaford Sailing Club



NEWHAVEN & SEAFORD SAILING CLUB **RYA Stage 1 Start Windsurfing Course 2022**

Description

Learn to windsurf on our new learner boards. Have fun and enjoy your time on the water.

Our RYA Instructors will help you learn and practice. The teaching is to the RYA Windsurfing Scheme and we provide the RYA handbook and logbook for your certificate to record achievement. Certification is by assessment of skills and not by attendance.

The course is designed for adults and children to learn windsurfing, plus related knowledge and to be confident and safe in a water environment.

Dates

Course 1: tba, 9-5 each day

Course 2: tba, 9-5 each day

Fees

Non-members £125. Members £95

Payment is for the whole course and there are no refunds for non-attendance.

If an individual or family joins the club as a result of being on the course, we would like to offer Membership Benefits of either:

- To discount the joining fee (£25) from the membership subscription,
- OR free board hire to the trainee during supported sailing sessions where there is a windsurf instructor to help, for the remainder of the season
- The individual or family will be eligible to join Club Social activities, including camping (for a fee) and sailing during Sailing Week at Seaford and Cadet Week at Piddinghoe.

Location

Piddinghoe Lake, Piddinghoe, BN9 9AF.

If you use  what3words clattered.spooked.mankind

On the main C7 road between Newhaven and Lewes there are sign-posted roads into Piddinghoe at the north and south ends of the village. Take the road into the village at the southern end. At a sharp left-hand bend, with a bus shelter opposite you, turn right down a dirt track. We are at the end of that track, with free parking.

Joining Instructions

Bring your own refreshments. The Club facilities include free car parking, changing rooms with toilet and showers and Galley for hot drinks.

Parents and Guardians for under 18s are to remain on site during the session and are encouraged to join in with rigging, theory sessions, and packing away while supporting their child.

Expect to get wet!! Do bring soft shoes eg. trainers, and clothes that you don't mind getting wet. Bring a towel, complete change of clothes, and even better a wetsuit or dry-suit if you have one, for every session.

Come in warm clothing, remember to bring sunscreen, sunglasses and a peaked hat if hot. We use our Galley club room for refreshments but bring a cold drink. We will supply a Buoyancy Aid, as you are expected to wear one within 2m of the water.

You should be confident to swim in light clothes and be reasonably fit, but do tell your instructor if you have any medical problems that may affect your enjoyment of the course.

Valuables, phones etc, should be left locked in your car. Please ask if you have any queries, and most importantly, enjoy yourself.

If you have a problem on the day, tel Simon Suter on 07738 064009 or email enquiries to trainingnssc@nssc.org.uk.