

# The NEWHAVEN & SEAFORD SAILING CLUB mag mainsheet

April 2019



## A Message from the Editor

Mainsheet will be in two parts this month because of the AGM. This issue gives you details of the AGM, how to nominate people for director positions, and how to apply for Proxy voting rights. Later in the month there'll be another Mainsheet with more details of the AGM itself, a list of the candidates for director positions and manifestos from the Commodore candidates (should there be more than one candidate). I've managed to squeeze a few extra articles in, but if you've supplied me with copy, don't worry, you've not been forgotten and your article will appear in a future edition.

*Richard Beal*

*Mainsheet Editor*

[mainsheetnssc@nssc.org.uk](mailto:mainsheetnssc@nssc.org.uk)

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...this spring?

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## Annual General Meeting (AGM)

The club's AGM will take place on May 11th 2019 at 6pm at the Seaford clubhouse. The agenda is on the next page. The AGM is an opportunity to look back to 2018, and to elect the board of directors. All of the Director positions are up for election at the AGM:

- Commodore
- Vice-Commodore
- Rear Commodore (Seaford)
- Rear Commodore (Newhaven)
- Rear Commodore (Piddinghoe)
- The Honorary Secretary
- The Honorary Treasurer
- The Honorary Sailing Secretary
- 5 Ordinary Directors

The nomination form for these positions is on a following page. All nomination forms must be returned by the end of Friday 19th April (21 days before the AGM). They must be posted to the Seaford clubhouse, or pushed through the letter-box at the clubhouse. Please address them to Club Secretary, Newhaven and Seaford Sailing Club, Marine Parade, SEAFORD, BN25 2QR. Note that the nominee, proposer and seconder must be full members, so they cannot be Associate, Student, Social, Temporary or Honorary members. The same restriction applies to voting rights at the AGM.

On one of the following pages there's a document explaining how Proxy Voting works plus the proxy vote form itself. Proxy Vote forms must be returned by Thursday May 9th (6pm) to the address above. They will also be accepted (by the same date and time) as scans addressed to [companysecnssc@nssc.org.uk](mailto:companysecnssc@nssc.org.uk).

These documents are also available on the club's website: <http://www.nssc.org.uk/cms/index.php/members/general-meetings>. They are also posted on the Seaford notice-board and will be on the Piddinghoe notice-board by the end of Open Day. Acknowledgements of nomination or proxy forms will not be given unless explicitly requested.

Please address queries to the Company Secretary: [companysecnssc@nssc.org.uk](mailto:companysecnssc@nssc.org.uk)

# NSSC



## **The Newhaven and Seaford Sailing Club Ltd.**

Club House, Marine Parade, Seaford East Sussex BN25 2QR

Telephone: Seaford 01323 890077

Notice is hereby given that the Annual General Meeting of the Members of the Newhaven and Seaford Sailing Club Limited (the "company") will be held at the Registered Office on:

**Saturday 11<sup>th</sup> May 2019 at 18:00**

Business:

1. Apologies for absence
2. Minutes of the AGM held on 14<sup>th</sup> April 2018, and the General Meeting held on 29<sup>th</sup> September 2018. These are available for review from the website.
3. Receive and adopt the Company Directors' Report and Financial Statement for Year Ending 31<sup>st</sup> December 2018.
4. Election of the Company's Board of Directors
5. Election of Accountants
6. AOB

At the end of the meeting there will be an open forum.

R F BEAL, Company Secretary



## The Newhaven and Seaford Sailing Club Ltd.

Club House, Marine Parade, Seaford East Sussex BN25 2QR

Telephone: Seaford 01323 890077

### Nomination Form

To be returned to the Company Secretary at the above address by 19<sup>th</sup> April 2019

I, \_\_\_\_\_ Membership No. \_\_\_\_\_

PROPOSE \_\_\_\_\_

FOR THE POSITION OF \_\_\_\_\_

SECONDED BY \_\_\_\_\_ Membership No. \_\_\_\_\_

I, \_\_\_\_\_ Membership No. \_\_\_\_\_

agree to stand for election to the above-mentioned post

PROPOSER: \_\_\_\_\_ DATE: \_\_\_\_\_

SECONDER: \_\_\_\_\_ DATE: \_\_\_\_\_

NOMINEE: \_\_\_\_\_ DATE: \_\_\_\_\_

(for AGM 2019)

# NSSC



## The Newhaven and Seaford Sailing Club Ltd.

Club House, Marine Parade, Seaford East Sussex BN25 2QR

Telephone: Seaford 01323 890077

### THE NEWHAVEN AND SEAFORD SAILING CLUB LIMITED PROXY FORM INSTRUCTIONS 2019

If you are a full or life member of NSSC you can have a vote at the AGM or other meeting even if you are away or cannot attend.

A member may either vote personally or by proxy (whether on a poll vote or otherwise).

A proxy must be appointed in writing under the hand of the appointor.

The instrument appointing a proxy must be deposited at the registered office of the Club not less than 48 hours before the time of holding the meeting at which the person named in such instrument proposes to vote.

Any instrument appointing a proxy must be in the form below.

Regards

Richard Beal  
Hon Secretary NSSC  
07907093498





## The Newhaven and Seaford Sailing Club Ltd.

Club House, Marine Parade, Seaford East Sussex BN25 2QR

Telephone: Seaford 01323 890077

### PROXY FORM FOR ANNUAL GENERAL MEETING – 11<sup>th</sup> MAY 2019

I  (name)

of  (address)

being a member of the above named Club,

appoint  (name)

of  (address)

or, failing him, or her  (name)

of  (address)

as my proxy to vote in my name and on my behalf at the General Meeting of the Club to be held on 11<sup>th</sup> May 2019 and at any adjournment.

*(signature of member)*

Dated.....

*Return this form to the Seaford Club House letterbox by  
1800hrs on Thursday 9<sup>th</sup> May 2019*

## Booking Events At The Galley

Chaos reigns supreme when it comes to events like group meals at The Galley. The numbers that turn-up never seem to tally with the “master” list or the money collected. Because of this we’re now implementing a new system for reserving places at group meals, and the first of these will be the Commissioning Lunch on the 12th May (see flyer on the next page). From now on, the only way to book meals will be through Webcollect. You cannot purchase tickets at the clubhouse or by giving the organiser cash or cheque, and you definitely will not be able to purchase tickets after the cut-off date. You must have completed your order AND paid for the tickets by the required date (usually one week before the event) or you will not be able to attend. The advantage of this system is that you can do your bookings without having to visit the Galley. All you have to do is be mildly organised and everyone will benefit.

If you decide to pay through bank transfer you'll be advised how to do that through an e-mail. It is **critical** that you make the transfer before the cut-off date, or your order will be cancelled and you will not be able to attend.

We will be rigorously applying these rules. Up until now, other people’s disorganisation has led to the organiser and Teresa going through high stress. This will now be pushed-back onto the people who haven’t booked properly.

The Commissioning Lunch is an experiment, so if you have problems please get back to the organiser (Adele Long) or me.

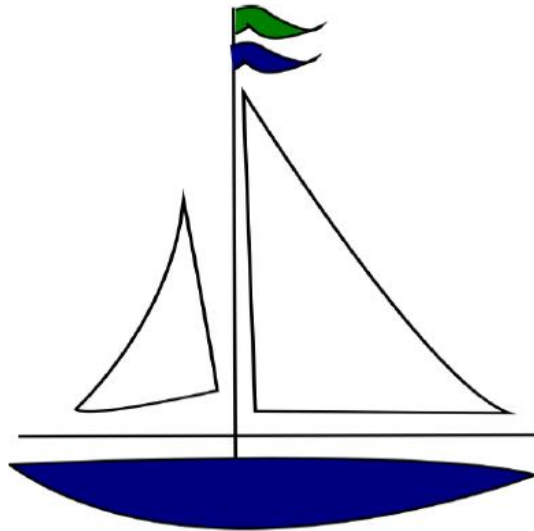
*Richard Beal*

[companysecnssc@nssc.org.uk](mailto:companysecnssc@nssc.org.uk)



# NSSC COMMISSIONING LUNCH

## SUNDAY 12TH MAY 2PM



CARVERY BUFFET BY THE GALLEY

ADULTS £12

UNDER 12'S £9

BOOKING/PAYMENT DETAILS TO FOLLOW

MEMBERS AND GUESTS ONLY

Stop Press: The booking/payment system is now open for use for this event. Go to: <https://webcollect.org.uk/nssc/event/commissioning-lunch> to book your places.



## We're All In Hot Water Now

The new hot-water system for Seaford is now in operation. This was a large investment (five figures) by the club to help to bring our facilities closer to what we'd like. We now have a centralised system consisting of two enormous hot-water tanks that are heated slowly by our existing central heating gas boiler. That allows us to deliver loads of hot water at peak demand (which couldn't be done with an on-demand system). The gentlemen amongst you will notice that there's a partitioned-off area in the changing rooms where the system operates. So we now have all the showers in the ladies and gentlemen changing-rooms in operation, plus a reliable hot water feed to the basins in the toilets and to the Galley.



I'd hoped to supply a picture of Bill Wates (who organised all this) luxuriating in the new showers but he was a bit shy.

## Laser Radial Training

We had 4 sessions planned in November, but only managed one because of too much wind, and 4 sessions planned in March and achieved 2 sessions, again because of the wind.

The training was aimed at the older sailor, although we were joined by a couple of youngsters. We concentrated on starting, upwind technique and basic boat handling.

Sailing is one of the only competitive sports where most participants spend very little time on training. Typical is 95% racing, 5% training. Compared say with athletics, which is exactly the opposite.

We are trying to change this situation, and although our time was limited, it was amazing to see the improvement, that a little bit of training gives.

I hope to organise some more training, once the boats are back in Piddinghoe Lake, probably November, keep a look out, if you want to join us.



*Noel West*

## Sailability

We are now registered as an RYA Sailability Club, and as such wish to promote sailing for those with disabilities.

However, it's obviously early days and we need to start small and build up our skills and facilities in line with the availability of volunteers who are prepared to support this activity. This interest has, I admit been brought about by the increasing disability of our daughter Jazz and the sudden realisation that access to sailing for those with disabilities in our area is poor.

We have been kindly given a Hansa 303 which is ideal for teaching on the pond so we have the ability to teach or simply give a sailing experience to disabled people, who are able to use wheel chairs and can physically get themselves into a small dinghy from a sitting position on the pontoon, with a little help from able bodied sailors. Initially the aim is to allow people of all ages who can't sail either because they are physically too weak or can't use their legs, and thus can't access the sport using a standard dinghy.

So, the next stage is to seek funding opportunities to allow us to buy suitable boats, and most importantly, identify volunteers who would be prepared to get involved, either from an admin perspective or taking people out for a sail.

Thus if you would like to participate in a very rewarding experience and feel you would like to find out more about this opportunity please e-mail me at [bosunnssc@nssc.org.uk](mailto:bosunnssc@nssc.org.uk) so that we can arrange a get together, form a team, and take this ambition forward, putting NSSC on the map in the southeast for disability sailing.

*Chris Turner*

*Bosun*



Increasing physical activity



Improving well-being



Connecting with others



Learning new skills

